Open to Athletes 50+
August 23-29, 2021 Grand Junction, CO

2021 Registration Information
Early Bird Registration Deadline
**August 6**
Registration closes August 13
Visit gjpr.org/seniorgames
Call us at 970-254-3866

Basketball
Billiards
Bocce
Bowling
Cards
Cornhole
Golf
Horseshoes
Run/Walk (5K)
Pickleball
Swimming
Table Tennis
Track & Field
Disc Golf

NEW Activity!
Ax Throwing
Many Options from foam to regular axes.
Welcome to the 20th Annual Western Colorado Senior Games!

**Registration Overview**
- Early bird registration deadline is August 6, 2021 at 5:00PM. Registration closes August 13, 2021. No registrations will be accepted after this date at 5:00PM.
- There are four ways to register for the Western Colorado Senior Games:
  * Online Form can be found at gjpr.org/seniorgames
  * Request a registration form via phone at 970-254-3866
  * In Person at 1340 Gunnison Avenue
  * In the July issue of the Beacon Senior News

**Age Requirements**
- Participants should register according to their age on August 23, 2021.
- The age groups are: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+. Some events are 10 year increments.
- Events will be conducted by age group except when it is necessary to combine for competition.
- All team members must submit an individual entry form and entry fee. A partner/teammate(s) must be indicated on the entry form where required.

**Recruit A New Athlete Program**
- Participants are encouraged to get new athletes involved in the 20th Annual Western Colorado Senior Games. As a reward, the recruiting athlete will receive $5.00 off their registration cost.
- The new athlete’s registration form and the recruiting athlete’s registration form must be turned in together.
- $5.00 is the maximum an athlete may take of their registration fees.

**Cancellations/Postponements/Refunds**
- In the event of inclement weather or unusual and extenuating circumstances, Senior Games Officials reserve the right to change the format of competition, postpone events, or cancel. Refunds will not be given due to weather.

**Check-In and Event Scheduling**
- Participants are encouraged to check in at the Grand Junction Parks and Recreation office, located at 1340 Gunnison Avenue, prior to participation. This can be done August 20-27, Monday-Friday, from 8:00 a.m. - 5:00 p.m. (excluding 12:00 p.m. - 1:00 p.m.)
- A t-shirt, participant medal, goodie bag, schedule map, and other information will be provided.
- Participants should be at the event 15 minutes prior to the event start time, as listed on the schedule.
- Participants are allowed and encouraged to enter more than one event, but do so at their own risk as schedule changes cannot be made to accommodate sports that occur simultaneously. Please plan accordingly.

**Awards Information**
- Bring your own medal with you to events.
- Star pins will be presented to the 1st, 2nd, and 3rd place finishers in each category at the event venue.
- The Western Colorado Senior Games are “OPEN” to out-of-state residents.
- Competition must take place to determine an award winner. If there is only one individual entered into an age group, that athlete must enter and complete the event in order to receive a pin. That athlete will be placed in the closest age category, but not against, those athletes.

**Hotel Information**
- Hotels offering special event rates will be posted at gjpr.org/seniorgames. You may also call Visit Grand Junction at 1-800-962-2547 or visit their website at www.visitgrandjunction.com for more information.

- To ensure availability, we suggest you make your reservations early.
Monday, August 23

Bocce
Time: 8:30am
Location: Hawthorne Park, 400 Gunnison Avenue

Billiards Men’s 8 Ball
Time: 9:00am
Location: Senior Recreation Center, 550 Ouray Avenue

Table Tennis
Time: 2:00pm
Location: Bookcliff Activity Center, 540 ½ 29 ¼ Rd

Disk Golf (Random Draw Doubles)
Time: 5:30pm
Location: Watson Island, 729 Struthers

Tuesday, August 24

5k Walk/Run
Time: 8:30am
Location: Canyon View Park, 730 24 Rd
Course Info: Trail, Meet at the Baseball Shelter (East Side)

Cornhole
Time: 9:00am
Location: Canyon View Park, 730 24 Road
Location: Liberty Cap Softball Field

Ax Throwing
Time: 12:30pm
Location: Axology, 2487 Industrial Blvd (Behind
Sportsman’s Warehouse)

Golf (2 Person Scramble)
Time: Tee times begin at 3:00pm
Location: Lincoln Park Golf Course, 1340 Gunnison Ave.
Fee: $9.00 per person. Carts: $9.00 per person.

Wednesday, August 25

Golf (Longest Drive)
Time: 7:30am
Location: Lincoln Park Golf Course, 800 Mantlo Circle

Golf (Chip & Putt)
Time: 9:00am
Location: Lincoln Park Golf Course, 800 Mantlo Circle

Basketball (Free-Throw, Hot Shot & 3-Point)
Time: 1:00pm
Location: Bookcliff Activity Center, 540 ½ 29 ¼ Rd

Cards (Cribbage)
Time: 2:00pm
Location: Senior Recreation Center, 550 Ouray Avenue

Thursday, August 26

Swimming
Warm Up: 7:00am  500 Meter Freestyle: 7:30am
All Other Events: 8:15am
Location: Orchard Mesa Pool, 2736 Unaweep Avenue

Billiards Men’s 9 Ball
Time: 9:00am
Location: Senior Recreation Center, 550 Ouray Avenue

Horseshoes
Time: 9:00pm
Location: Canyon View Park, 730 24 Rd (NE Side)

Bowling (Singles)
Time: 1:00pm
Location: Orchard Mesa Lanes, 295 27 Rd
Fee: $5.00

Banquet
Time: 4:30pm
Location: Ale House, 2531 North 12th Street
Fee: $12.00 per participant, $15.00 per guest

Friday, August 27

Track & Field
Discuss/Shot Put Start Time: 7:00am
Field Events Start Time: 7:30am
Track Events Start Time
1600M Walk: 8:15am
All Other Track Events: 8:45am
Location: Lincoln Park Track, 1340 Gunnison Avenue

HEALTH FAIR @ Lincoln Park Barn, 9am -12pm
Cards (Pinochle)
Time: 1:00pm
Location: Senior Recreation Center, 550 Ouray Avenue

Saturday, August 28 & Sunday, August 29

Pickleball
Time: 8:30am
Double Elimination
Location: Lincoln Park Courts
Saturday - Doubles  Sunday - Mixed Doubles

Please remember to check in prior to your participation at the
Grand Junction Parks and Recreation Office.
Office hours are Monday-Friday, 8am-5pm
(excluding 12pm-1pm)
You’re Invited

Western Colorado Senior Games 2021 Banquet

Thursday, August 26 at 4:30 PM
Ale House 2531 North 12th Street

$12 per registered athlete/ $15 per guest
Please mark your own registration form

Health Fair

Friday, August 27th from 9 AM - 12 PM
Lincoln Park Barn

Visit with specialists throughout the valley
Learn about ways to improve your health

Open to the Public
**ENTRY FORM – 2021 Western Colorado Senior Games**

*Complete all information on the front and back of this form. Please print or type.*

<table>
<thead>
<tr>
<th>Last Name:</th>
<th>First Name:</th>
<th>Male</th>
<th>Female</th>
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<tbody>
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<table>
<thead>
<tr>
<th>Street Address:</th>
<th>City:</th>
<th>State:</th>
<th>Zip:</th>
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<table>
<thead>
<tr>
<th>Phone:</th>
<th>Email Address:</th>
<th>Date of Birth:</th>
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<table>
<thead>
<tr>
<th>Emergency Contact Name:</th>
<th>Phone:</th>
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<table>
<thead>
<tr>
<th>Age Group (as of 8/23/21):</th>
<th>T-Shirt Size:</th>
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<tbody>
<tr>
<td>50-54</td>
<td>None</td>
</tr>
<tr>
<td>55-59</td>
<td>X-Large</td>
</tr>
<tr>
<td>60-64</td>
<td>Medium</td>
</tr>
<tr>
<td>65-69</td>
<td>Large</td>
</tr>
<tr>
<td>70-74</td>
<td>XX-Large ($3.00)</td>
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<tr>
<td>75-79</td>
<td>XXX-Large ($5.00)</td>
</tr>
<tr>
<td>80-84</td>
<td>None</td>
</tr>
<tr>
<td>85-89</td>
<td>X-Large</td>
</tr>
<tr>
<td>90-94</td>
<td>Medium</td>
</tr>
<tr>
<td>100+</td>
<td>Large</td>
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</table>

**Age Division Events**

**5K RUN/WALK**
- Run
- Walk

**AX THROWING**
- Ax Throwing

**BASKETBALL SHOOTING**
- Free Throw
- Hot Shot
- 3 Point

**FIELD EVENTS (Starting at 7:00am)**
- Discus
- Shotput

**FIELD EVENTS (Starting at 7:30am)**
- Softball Slugfest Standing
- Long Jump
- Football Throw
- Soccer Kick

**GOLF**
- Chip
- Putt
- Longest Drive (completed in 10-year age groups)

**HORSESHOES**
- Horseshoes (Competed in 10-year age groups)

**SWIMMING (Order of Events)**
- 500 Meter Freestyle
- 50 Meter Backstroke
- 50 Meter Breaststroke
- 50 Meter Freestyle

**TRACK EVENTS (Order of Events, Starting at 8:45am)**
- 1600 Meter Walk (Starts at 8:15am)
- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run

**Events NOT Competed by Age Division:**

**BILLIARDS**
- Men’s 8 Ball
- Men’s 9 Ball

**BOCCE**
- Bocce (Partners will be drawn)

**BOWLING**
- Singles
- Average: _____________

**CARDS**
- Cribbage
- Pinochle

**CORNHOLE**
- Cornhole

**DISC GOLF: Random Draw Doubles**
- Disc Golf

**GOLF: 2 PERSON SCRAMBLE ($9 Extra Fee)**
- Doubles
- Partner: ______________________________
- Individual (Partner will be drawn)
- Golf Cart ($9 Extra Fee)

**PICKLEBALL (The highest level partner determines play level for team)**
- Men’s Doubles 3.0
- Women’s Doubles 3.0
- Men’s Doubles 3.5
- Women’s Doubles 3.5
- Men’s Doubles 4.0
- Women’s Doubles 4.0
- Men’s Doubles 4.5+
- Women’s Doubles 4.5+
- Mixed Doubles 3.0
- Mixed Doubles 3.5
- Mixed Doubles 4.0
- Mixed Doubles 4.5+

**Mixed Doubles Partner Name: ______________________________

**TABLE TENNIS**
- Doubles Partner Name: ______________________________
- Table Tennis

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*Note: All events are subject to change or cancellation due to weather conditions.*
LIABILITY AND PRESS RELEASE WAIVER

Affidavit: I will not hold the City of Grand Junction Parks and Recreation Department or any cosponsoring agency, responsible for injury incurred while participating in any program. I understand that I will indemnify the City and its officers and employees from any injury claims. I am aware that participating in any sport/activity can be a dangerous activity involving many risks of injury, including crippling injury or death. I AUTHORIZE, ALLOW AND RELEASE the unlimited publication, broadcast, transmission, re-transmission and or other form of reproduction of any and all audio, video and photographic images without payment of compensation or royalties.

SIGNATURE: __________________________________________________      DATE: ________________________

Each participant should consult his/her doctor in regard to practice, preparation and competition in this event or any similar physical activity.

EVENT AND SOCIAL REGISTRATION FEES

(Registration fee includes all events and a t-shirt – except where listed below)

REGISTRATION IS CLOSED ON AUGUST 13, 2021 at 5:00 pm

Registrations received after this date will be returned.

<table>
<thead>
<tr>
<th>EARLY BIRD DISCOUNT</th>
<th>REGISTRATION FEE</th>
<th>T-SHIRT FEES</th>
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</thead>
<tbody>
<tr>
<td>(If registration is received on or before August 6, 2021 at 5:00PM - T-Shirt guaranteed)</td>
<td>$34.00</td>
<td>$3.00 / $5.00</td>
</tr>
<tr>
<td>REGISTRATION FEE</td>
<td>$39.00</td>
<td></td>
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<tr>
<td>(If registration is received after August 6, 2021 at 5:00PM - No T-Shirt)</td>
<td></td>
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</tr>
<tr>
<td>T-SHIRT FEES</td>
<td>Size XXL +$3.00 / Size XXXL +$5.00</td>
<td></td>
</tr>
<tr>
<td>Size________</td>
<td>$3.00 / $5.00</td>
<td></td>
</tr>
<tr>
<td>RECRUIT A NEW ATHLETE DISCOUNT - New Athlete Name:</td>
<td>(New athlete’s registration form and recruiting athlete’s form must be turned in together)</td>
<td>(5$0.0)</td>
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<tr>
<td>BANQUET FEE</td>
<td>$12.00</td>
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<tr>
<td>BRING A GUEST TO THE BANQUET</td>
<td>$15.00 / Guest</td>
<td></td>
</tr>
<tr>
<td># Guests________</td>
<td></td>
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<tr>
<td>BOWLING FEE</td>
<td>$5.00</td>
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<tr>
<td>GOLF: 2 PERSON SCRAMBLE</td>
<td>$9.00</td>
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<tr>
<td>GOLF CART</td>
<td>$9.00</td>
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<tr>
<td>Become a “FRIEND OF THE WESTERN COLORADO SENIOR GAMES” by contributing an extra amount that will help enhance this year’s games!</td>
<td>$</td>
<td></td>
</tr>
</tbody>
</table>

Make checks payable to Grand Junction Parks and Recreation

TOTAL

Please review your entry form to make sure you did the following:

✓ Completed the general information entirely and marked all the events in which you are planning to participate. For doubles events, a partner was included if necessary.
✓ Signed and dated the liability and press release waiver.
✓ Enclosed the total payment including additional event fees, banquet fees, and discounts.
✓ Reminded team partners, as applicable, to submit their entry form and fee.
✓ Check made payable to Grand Junction Parks and Recreation.
✓ Mailed your entry form and payment in time for the Early Bird Discount on August 6, 2021.

Grand Junction Parks and Recreation
1340 Gunnison Ave.
Grand Junction, CO 81501
970-254-3866

How did you hear about the Western Colorado Senior Games? (please mark all that apply)

☐ Received entry form directly                                  ☐ Beacon
☐ From a past participant                                      ☐ Misc. Promotion (website, Promo cards, poster, etc.)
☐ Activity Guide                                                ☐ Other: ____________________________