



MEDIA RELEASE

For Immediate Release

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CITY HOSTS 22ND ANNUAL WESTERN COLORADO SENIOR GAMES

GRAND JUNCTION, Colo. August 2, 2023 – The City of Grand Junction is hosting the 22nd Annual Western Colorado Senior Games from Monday, August 21 through Sunday, August 27, 2023. Open to athletes aged 50+, this week-long competition includes a variety of games and activities such as basketball, billiards, horseshoes, and a 5K. Interested participants can register by visiting the Grand Junction Parks and Recreation office at 1340 Gunnison Avenue. Registration ends Friday, August 4, 2023. [Schedule of events and registration form.](#)

For more than 20 years, the city has hosted the Western Colorado Senior Games in which participants are celebrated for staying active and during the events also receive valuable information from various organizations. Activities outside of the main competitions include a health fair, banquet, free skin cancer screenings, and additional health and wellness information.

Grand Junction Parks and Recreation offers a wide variety of recreational programming for all ages and abilities. Questions? Contact Grand Junction Parks and Recreation at 970-254-3866, email gjparksandrec@gjcity.org, or go online to gjcity.org

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